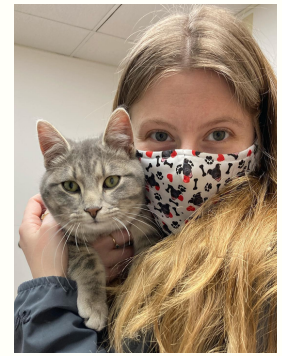




# ADEL VETERINARY CLINIC

MEDICINE • ACUPUNCTURE • BOARDING



## PREPARING FOR YOUR VISIT TO ADEL VETERINARY CLINIC



### HUNGRY IS GOOD

If medically appropriate, reduce the amount of food your pet eats before their visit. This can help prevent nausea during the car ride as well as make treats at their visit more appealing. Be prepared for lots of treats to make the visit more enjoyable. Be sure to warn our team if your pet suffers from any food allergies.



### BUDGET PLENTY OF TIME

Avoid being rushed. If you were stressed, your pet will sense this and may become stressed.



### CARRIERS AND LEASHES

Make sure your pet is acclimated to a carrier, crate or seat belt harness and is not stressed by travel confinement. Cats and small dogs should be resting comfortably in their carrier before being placed in the vehicle. Walk dogs to the car on a leash. When transporting your pet in a carrier, try to minimize movement to help them feel more secure. Support the carrier from the bottom, with one side resting against your chest. Properly secure the carrier/crate in the vehicle.



### CAR PREPARATION

Prepare the car so it promotes a calming environment. Play calming music specifically composed for cats, dogs or pop in an audio book. Apply calming pheromones or 2-3 sprays of diluted lavender 10-15 minutes prior to your pet getting in the car. Cool or warm the car to a comfortable temperature before putting your pet inside.



### MEDICATIONS

If your veterinarian has prescribed any anti-nausea or anti-anxiety supplements or medications, make sure to give them as prescribed. Talk to your veterinarian if you think these supplements or medications would help your pet have a more pleasant veterinary experience.



### PHEROMONES

Commercially available calming pheromones can help promote relaxation. An item that smells like home, such as a blanket your pet sleeps on or a T-shirt you have worn, can also provide comfort for your pet. For dogs, consider spraying a bandanna with a calming pheromone and placing it on your dogs neck. When you use pheromone sprays, allow them to dry for 10-15 minutes before exposing your pet to the sprayed item.



### LOBBY/WAITING ROOM

We will make every attempt to get you and your pet in a room right away. If your pet prefers, you can call us when your in the parking lot and we can let you know once there is an exam room ready. Cats need 5-10 minutes to adjust to their new surroundings and feel safe. If you cannot avoid waiting in the lobby, place your cat's carrier on an elevated surface and cover the front and two sides with a pheromone-infused towel. Depending on your dog's preferences, you might want to wait in the vehicle, take a short walk, or wait in the lobby.



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